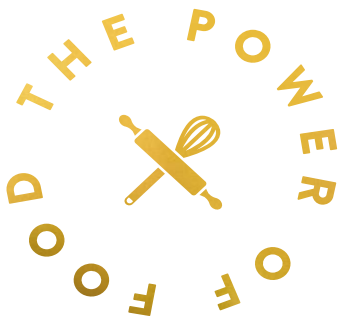


wahiawa cafe - dec.10 - 14



Weekly Menu

Monday	<u>RICE, SPICE & EVERYTHING NICE</u>	Calories
	entrée: honey lime sriracha salmon	210
	entrée: teryaki grilled chicken	140
	side item: kimchi fried rice	160
	side item: jasmine rice	120
	side item: baby bok choy with ginger	30
	side item: carrots with pineapple sauce	110
	side item: vegetarian egg roll	190
	soup: vegetable beef barley	
Tuesday	<u>TACO TUESDAY</u>	Calories
	entrée: carne asada burritos	610
	entrée: citrus pork carnitas	140
	side item: frijoles	130
	side item: spicy spanish rice	120
	side item: guacamole pico de gallo	
	side item: tomatillo salsa corn salsa	
	side item: salsa fresca	
	soup: southwest tortilla soup	
Wednesday	<u>WELLNESS WEDNESDAY - B.Y.O. Bowl</u>	Calories
	entrée: barbeque chicken salad	240
	entrée: barbeque pork	260
	side item: jasmine rice	120
	side item: jalapeno sweet cornbread	170
	side item: corn bean salsa	40
	side item: avocado ranch dressing	170
	side item:	
	soup: chicken noodle soup	
Thursday	<u>THROW BACK THURSDAY</u>	Calories
	entrée: buttermilk ranch fried chicken	190
	entrée: texas beef chili	110
	side item: macaroni & cheese	190
	side item: roasted cauliflower & broccoli	310
	side item: sour cream & chives mashed potatoes	90
	side item: fireroasted corn	25
	side item: roasted mushrooms	30
	soup: tomato basil bisque	
Friday	<u>ALOHA FRIDAY</u>	Calories
	entrée: katsu chicken breast	230
	entrée: sweet & sour shrimp	550
	side item: fried rice	90
	side item: jasmine rice	120
	side item: spicy green beans	70
	side item: roasted brussels sprouts	45
	side item: pot stickers	70
	soup: baked stuffed potato soup	

*Menu is subject to change due to availability.