

128 bistro - april. 8th - 12th

Weekly Menu

Monday	<u>RICE, SPICE & EVERYTHING NICE</u>	Calories
	entrée: teriyaki pork loin	370
	entrée: thai curry with chicken	210
	side item: brown rice	124
	side item: jasmine rice	120
	side item: sesame ginger udon noodles	110
	side item: sweet chili steamed vegetables	60
	side item: garlic green beans	50
	soup: vegetable beef barley	

Tuesday	<u>Adobo Tuesday</u>	Calories
	entrée: chicken adobo	321
	entrée: pork chop suey	219
	side item: jasmine rice	129
	side item: lo main	165
	side item: ginger carrots	71
	side item: roasted california blend	25
	side item: pork pot stickers	160
	soup: southwest tortilla soup	

Wednesday	<u>WELLNESS WEDNESDAY - B.Y.O. Bowl</u>	Calories
	entrée: citrus pork	260
	entrée: honey lime salmon	210
	side item: white/brown rice	120
	side item: charred brussels sprouts	45
	side item: spring mix	20
	side item: pineapple salsa	277
	side item:	
	soup: chicken noodle soup	

Thursday	<u>B.Y.O PASTA STATION</u>	Calories
	entrée: cheese tortellini	249
	entrée: spaghetti with meat sauce	250
	side item: italian meatballs	70
	side item: tomato basil chicken	220
	side item: grilled chicken	150
	side item: alfredo sauce	190
	side item: roasted vegetables	110
	soup: tomato basil bisque	

Friday	<u>ALOHA FRIDAY</u>	Calories
	entrée: katsu pork steak	240
	entrée: five spice tofu	110
	side item: steamed jasmine rice	120
	side item: gen-ji-mai-rice	110
	side item: grilled carrots & green beans	60
	side item: mint scented peas	80
	side item:	
	soup: baked stuffed potato soup	

*Menu is subject to change due to availability.