



Weekly Menu

128 bistro - Sep 30-Oct 4

Monday	<u>Locals Favorite</u>	Calories
	entrée: Loco Moco	330
	entrée: Beef	220
	side item: Chicken	90
	side item: Brown Rice	45
	side item: White Rice	95
	side item: Green Beans	
	side item:	
	soup: Soup De Jour	
Tuesday		Calories
	entrée: Chicken Adobo	251
	entrée: Braised Pork	144
	side item: jasmine rice	110
	side item: Brown Rice	150
	side item: Broccoli	35
	side item:	61
	side item: Green Beans	8
	soup: southwest tortilla soup	
Wednesday		Calories
	entrée: Bibimbap Chicken	270
	entrée: Fish and Chips	150
	side item: Jasmin Rice	80
	side item: chilled sesame broccoli salad	90
	side item: Fruit Salad	90
	side item: sriracha coleslaw	85
	side item: sesame ginger vinaigrette	90
	soup: chicken noodle soup	
Thursday	<u>THROWBACK CLASSICS</u>	Calories
	entrée: barbeque chicken quarter	280
	entrée: Beef Stew	480
	side item: pimento macaroni & cheese	250
	side item: creamed spinach	95
	side item: peas	80
	side item: white rice	200
	side item: cornbread	120
	soup: tomato basil bisque	
Friday	<u>ALOHA FRIDAY</u>	Calories
	entrée: Katsu Chicken	230
	entrée: Orange Glaze salmon	420
	side item: hawaiian fried rice	160
	side item: sautéed green beans w/ carrots	60
	side item: roasted cauliflower, garlic & vinegar	190
	side item: haupia	50
	side item:	
	soup: baked stuffed potato soup	

*Menu is subject to change due to availability.