



Weekly Menu

128 Bistro Jan 20-Jan 24

Monday	<u>RICE, SPICE & EVERYTHING NICE</u>	Calories
	entrée: Fish N' Chips	330
	entrée: Shoyu Chicken	110
	side item: White Rice	95
	side item: Brown Rice	45
	side item: Mix vegetables	45
	side item: Cauliflower	45
	side item:	50
	soup: Soup De Jour	
Tuesday	<u>Adobo Tuesday</u>	Calories
	entrée: Chicken Wings	220
	entrée: HandMade Pizza	110
	side item: jasmine rice	95
	side item: Brown Rice	45
	side item: Green Beans	71
	side item: Mix vegetables	25
	side item: pork pot stickers	160
	soup: southwest tortilla soup	
Wednesday		Calories
	entrée: Pork Belly Adobo	220
	entrée: Chicken Hekka	210
	side item: White Rice	95
	side item: Brown Rice	45
	side item: Green Beans	45
	side item: Broccoli	45
	side item:	95
	soup: chicken noodle soup	
Thursday		Calories
	entrée: tofu Stir Fry	110
	entrée: cajun Baked Chicken	150
	side item:	
	side item: Mix vegetables	45
	side item: White rice	95
	side item: Brown Rice	45
	side item: roasted vegetables	45
	soup: tomato basil bisque	
Friday	<u>ALOHA FRIDAY</u>	Calories
	entrée: Pot roast	
	entrée: BBQ Chicken	110
	side item: Beef	120
	side item: Wite Rice	95
	side item: Brown Rice	45
	side item: Summer Vegetables Mix	80
	side item:	
	soup: baked stuffed potato soup	

*Menu is subject to change due to availability.