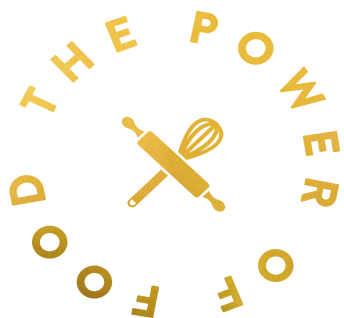


128 bistro - feb 24 - feb 28



Weekly Menu

Monday	Calories
entrée: fire braised pork	310
entrée: beef Brisket	324
side item: white rice	140
side item: brown rice	122
side item: steamed broccoli	23
side item: sauteed zucchini mix	35
side item: gravy	25
soup: chicken corn chowder	237
Tuesday	Calories
entrée: loco moco	372
entrée: roasted chicken	177
side item: fried egg	83
side item: broccoli	23
side item: white rice	140
side item: brown rice	122
side item:	
soup: southwest tortilla soup	121
Wednesday	Calories
entrée: teriyaki pork	243
entrée: fried chicken	566
side item: white rice	140
side item: brown rice	122
side item: sauted zucchini mix	35
side item: green beans	37
side item:	
soup: chicken noodle soup	95
Thursday	Calories
entrée: beef kalbi	422
entrée: chicken katsu	173
side item: white rice	140
side item: brown rice	122
side item: green beans	37
side item: cauliflower	24
side item:	
soup: tomato basil bisque	123
Friday	Calories
entrée: salisbury steak	266
entrée: pork adobo	210
side item: white rice	140
side item: brown rice	122
side item: green beans	37
side item: sauteed mushrooms and onion	13
side item:	
soup: baked stuffed potato	177