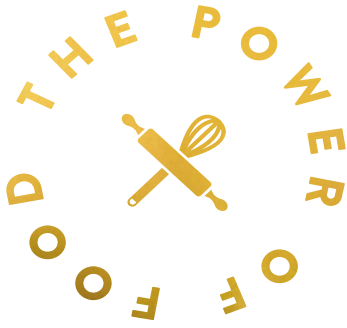


128 Bistro - march 30-april 3



Weekly Menu

Monday		
entrée:	grilled ham & cheese sandwich	427
entrée:	chicken teriyaki	184
side item:	roasted cauliflower	36
side item:	steamed green beans	32
side item:	white rice	120
side item:	brown rice	122
side item:	pork egg roll (1)	180
soup:	tomato basil bisque	108
Tuesday		Calories
entrée:	loco moco with fried egg	373
entrée:	broccoli tofu stir fry	265
side item:	roasted carrots	53
side item:	steamed broccoli	24
side item:	white rice	120
side item:	brown rice	122
side item:		
soup:	chicken and wild rice	132
Wednesday		Calories
entrée:	fried chicken	400
entrée:	beef pepper steak	337
side item:	sauteed zucchini	41
side item:	buttered corn on the cob	393
side item:	white rice	120
side item:	mashed potatoes	
side item:	chicken gravy	25
soup:	mushroom bisque	128
Thursday		Calories
entrée:	chicken katsu	454
entrée:	braised bbq pork sandwich	170
side item:	mixed vegetables	59
side item:	roasted yellow squash and onions	27
side item:	white rice	120
side item:	brown rice	122
side item:		
soup:	corn chowder	237
Friday		Calories
entrée:	miso salmon	390
entrée:	marinated flank steak	435
side item:	peas and carrots	74
side item:	sauteed vegetable medley	44
side item:	white rice	120
side item:	vegetable fried rice	252
side item:		
soup:	french onion	89

*Menu is subject to change due to availability.